

FOUNDATIONS OF FAITH

PART I. BELIEVING THE FAITH

I. HUMAN LONGING FOR GOD

A. Universal Condition

1. present in every person – the context within which we live out our relationship with God (27)
2. how people respond to a sense of longing for the Other (28)
Acts 17: 26-28
3. the role of community (in shaping our humanity) (1878-1880)

- B. Only God can satisfy the longing;
don't settle for poor substitutes (1718)
Psalm 62
Jer. 17: 5-8

II. REVELATION (51)

A. Tradition (76 - 78)

B. Scripture (81, 82)

III. FAITH (response to Divine Revelation) (143) Heb. 11:8

A. What is Faith? (150)

B. Living out Faith

1. Relationship with God (166)
Eph. 1: 3-10

2. Role of Grace (154)

C. Religion

D. Catholic Church	
1. Role of Magisterium	(85, 95)
2. Role of the Laity	(897 - 913)
3. Other churches: Christian and non-Christian	(839-848)
IV. CREED (what we believe as Catholics)	(187)
Examples of Creeds: Trinitarian (Sign of the Cross)	(189)
Nicene Creed	(195)
Apostles Creed	(194)
A. Trinity	(253 - 255)
1. God the Father	
a. Creator	(295 - 300) Gen. 1 & 2 Rev. 4: 11
b. Characteristics:	
almighty	(268)
all-knowing	
all-loving	(219 - 220) John 3: 16 1 John 4: 8
eternal	(206, 207)
transcendent	(300)
immanent	(300)
2. God the Son	

a. Incarnation	(461)
	Matt. 1: 18-25
	Luke 1: 5 - 2: 19
	John 1: 1-14
b. Titles: Christ (Messiah)	(436)
	Matt. 16: 16-23
Lord	(448 - 450)
	Phil. 2: 6-11
Savior	(457)
	1 John 4: 7-10
Redeemer	(606, 607)
	Col. 1: 9-14
Son of God	(441, 442, 465)
Son of Man	(440)
c. the Paschal Mystery	(571)

3. God the Holy Spirit	(691-701)
	Matt. 28: 19
	John 16: 6-15
a. Present in the Church	(737, 739)
	Acts 2: 1-6
b. Present in our lives	(683, 684)
	Rom. 8: 26
	1 Cor. 12: 3
	Gal. 4: 6

B. Mary: Major Beliefs

1. Mother of God		(495)
a. Virgin birth		(496) Matt. 1: 18-25 Luke 1: 26-35
b. Ever-virgin		(499)
2. Immaculate Conception		(491)
3. Assumption		(966)
4. Model, Image and Mother of the Church (chapter VIII of Lumen Gentium)		(963)
 C. The Catholic Church		 (752) Matt. 16: 13-19
1. Marks of the Church:	one	(813) Eph. 4: 1-6
	holy	(823) Eph. 5: 25-27
	catholic	(830) Matt. 28: 19
	apostolic	(857) Eph. 2: 20-22
2. Images of the Church:	People of God	(781 - 782)
	Body of Christ	(789 - 795) 1 Cor. 12: 12-27 Col. 1: 18
	Bride of Christ	(796) Rev. 21: 1-5 Rev. 19: 5-9
	Community	
	Sign of the Kingdom	
	Temple of the Holy Spirit	(797)

The Universal Sacrament
of Salvation

(774-776)

D. Eschatology (the Last Things)

1. God is eternal;
God has made us immortal (366)
2. Judgement: Particular (1022)
Final (1038 - 1041)
Matt. 26: 31-46
Rev 20: 11 - 21:1
3. Heaven (1024)
4. Hell (1033)
5. Purgatory (1031)

PART II. CELEBRATING THE FAITH

I. RELIGIOUS CELEBRATIONS

A. Rites

1. Ritual in Church
2. Ritual at home

II. LITURGY

- A. Signs and symbols (1069 - 1075)
- B. Sacred times and seasons (1145 - 1152)
- C. Sacramentals (1667 - 1673)

D. Things used in rites and liturgies (1182 - 1186)

III. SACRAMENTS

A. Sacraments of Initiation (1212)

1. Baptism (1213 - 1274)
Matt. 3: 13-17
Mark 1: 9-11

a. How it is celebrated Matt. 28: 16-20

b. How it effects us

c. How it is lived out

2. Confirmation (1285 - 1314)
Acts 2: 1-12

a. How it is celebrated

b. How it effects us

c. How it is lived out

3. Holy Eucharist (1322 - 1405)
Matt. 26: 26-30
Mark 14: 22-25
Luke 22: 19-20

a. How it is celebrated

b. How it effects us

c. Transubstantiation and the Real Presence (1381)

B. Sacraments of Healing (1420)

1. Reconciliation (1422 - 1484)
John 20: 19-23
Luke 7: 36-50

a. How it is celebrated

b. How it effects us

c. Seal of Confession

2. Anointing of the Sick

(1499 - 1523)
John 9: 1-7
James 5: 13-16

a. How it is celebrated

b. How it effects us

C. Sacraments in the Service of Communion

(1534)

1. Holy Orders

(1536 - 1589)
Heb. 5: 1-10
John 20: 19-23

a. How it is celebrated

b. Effect on the one who receives it

2. Matrimony

(1601 - 1658)
Gen. 2: 18-24
Matt. 19: 3-6

a. How it is celebrated

b. Effect on those who receive it

c. Separation/divorce/annulment

(2382-2386)

IV. PRAYER

A. Images of Prayer

1. Images in the Catechism of the Catholic Church

a. Abraham

(2570)
Gen. 12: 1-9
Gen. 22: 1-18

b. Moses

(2574)

Ex. 3: 1-10
Ex. 32: 7-14
Num. 12: 9-15

c. David

(2578)
2 Sam. 11 & 12
2 Sam. 7: 18-29
Psalm 51

d. Elijah/Prophets

(2583)
1 Kings 19: 1-14

e. Jesus

(2599 -2615)
Matt. 6: 9-13
Matt. 11: 25-27
John 11: 41-42
John 17

f. Mary

(2617 - 2622)
Luke 1: 38
Luke 1: 46-55

2. Images in the tradition of the Church

a. Augustine

b. Francis of Assisi

c. Teresa of Avila

d. Ignatius of Loyola

e. Francis de Sales

f. Therese of Liseaux

B. Types of Prayer

1. Adoration

(2628)

2. Praise

(2639)

3. Thanksgiving

(2637)

4. Petition

(2629)

C. Ways of Praying

- 1. Communal
- 2. Personal
 - a. the need for quiet and space in the modern world
 - b. prayer as listening
 - c. prayer as a guide in decision-making
- 3. Vocal (2700)
- 4. Meditation (2705)
- 5. Contemplation (2709)
- 6. Mass and other liturgies as prayer (2655)

PART III. LIVING THE FAITH

I. CHRISTIAN MORAL DECISION MAKING

- A. Morality as a positive response to God (1700)
- B. Basis for moral guidelines
 - 1. Revelation (1706)
 - a. Ten Commandments (2056 - 2074)
Ex. 20: 2-17
Deut. 5: 6-21
 - b. Sermon on the Mount (1716)
Matt. 5
 - 2. Tradition and Church teaching
- C. Morality based on human dignity (1700)
 - 1. A person's self-image and self-esteem
 - a. created in the image and likeness of God (1701, 1702)
Gen. 1: 27
 - b. created by and for God (1703, 1878)

2. Maturing in dignity

Matt. 19: 16-22

a. physical maturity

1) taking care of our bodies

a) proper diet, exercise, rest (2288)

b) avoiding drugs, alcohol (2290, 2291)

2) the gift of human sexuality (2332, 2333)

a) awareness of who we are

b) awareness of human persons as male and female

c) developing Christian sexual values

(1) chastity (2337 - 2359)

(2) modesty (2521 - 2524)

(3) Natural Family Planning – Within the section on “the gift of human sexuality”, define NFP and how it respects human sexuality. For resources and support contact the Diocesan Office of Natural Family Planning

b. emotional maturity in relations with others: family, friends, community

1) the need to belong (1879)

2) dealing with peer pressure (1782)

3) the desire for independence (2230)

4) responsible freedom

5) the need to respect the dignity and uniqueness
of others

c. intellectual maturity

d. spiritual maturity:
growing in wisdom and holiness

D. Freedom	(1731 - 1738)
1. The Christian understanding of freedom	
2. Being able to do what we ought	
3. Limits to Freedom	(1740)
E. Sin	1 John 3: 4-10
1. Sin in general and its effects	(1849)
2. Concepts of sin	
a. original sin	(396 - 406) Gen. 3: 1-13
b. mortal sin	(1855) 1 John 5: 14-16
c. venial sin	(1855)
d. sins of omission and commission	
e. social sin	(1869)
F. Conscience	
1. Conscience in general	(1777 - 1782)
2. Formation of conscience	(1783 - 1785)
3. Living as a virtuous person and the development of good habits	(1803)
a. Examples of virtues	
1) Theological Virtues	(1812 - 1829)
2) Cardinal Virtues	(1805 - 1809)

3) other human virtues

b. Models of Christian living

c. Stories of conversion

d. Stories of service to others

e. Lives which evidence the reign of God