

## 2017 WOMEN'S CONFERENCE WORKSHOP AND SPEAKER DESCRIPTIONS

<b>Session A 11:15am – 12:15pm</b>				
	<b>TITLE</b>	<b>SPEAKER</b>	<b>WORKSHOP DESCRIPTION</b>	<b>VITAE</b>
<b>A1</b>	<b><i>Discovering Your Feminine Genius through Women of Grace &amp; Young Women of Grace Study Programs</i></b>	<b>Ms. Susan Brinkmann, OCDS</b>	This workshop introduces women and teens to authentic femininity and how to use it to impact our world.	Susan Brinkmann is an author, speaker and award winning journalist for Women of Grace.
<b>A2</b>	<b><i>The Eucharist and our Connection to the Early Church</i></b>	<b>Dr. Carol Houghton, STD, JCD</b>	This workshop will consider the centrality of the Eucharist in our Catholic faith as well as its important communal dimension. We will take a trip back to the early church in the Catacombs of Rome, and find there an ancient message of faith in the Eucharist for modern times.	Carol Houghton is Chancellor of the Diocese of Harrisburg and Defender of the Bond on the Diocesan Tribunal. She has Doctorates in Sacred Theology and in Canon Law from the Pontifical University of St. Thomas (the Angelicum), Rome.
<b>A3</b>	<b><i>Our Lady of Guadalupe: Patroness of the Americas, Patroness of Life -Nuestra Señora de Guadalupe Patrona de la Vida (In Spanish)</i></b>	<b>Father Luis Rodriguez, VF</b>	¿Por qué es importante para todas las Américas la aparición de María de Guadalupe de México? Una descripción más detallada de la imagen milagrosa y el mensaje de confianza invita al creyente a una apreciación más profunda del don de Dios de la vida humana en todas sus etapas. Podemos apreciar todo ser humano mediante el humilde mensaje de Nuestra Señora.	Father Rodriguez is Pastor of Corpus Christi Parish, Chambersburg and Dean of the Franklin Deanery.
<b>A4</b>	<b><i>Finding God's Love Amidst the Pain and Sorrow of Divorce</i></b>	<b>Mrs. Julie Shuyler</b>	This workshop will identify the spiritual battles, dangers, & traps women encounter in divorce and offer spiritual remedies to obtain graces necessary to heal the wounds divorce causes.	Julie Shuyler is Secondary Religion Department Chairwoman, Campus Minister & Pro-Life Moderator, Lebanon Catholic School; 2009 Recipient of the <i>Seton Legacy of Charity Bicentennial Medal</i> .
<b>A5</b>	<b><i>Mary's Toolbox of Prayers and Devotions</i></b>	<b>Mrs. Eva Gontis</b>	On this 100 <sup>th</sup> anniversary of Our Lady of Fatima, this workshop aims to rekindle our love and devotion to the Mother of God. Marian devotions including the Rosary, the Brown Scapular, and various Marian prayers and sacramentals will be clearly explained in order to foster a loving relationship that we as Mary's daughters can nurture with Our Lady.	Eva Gontis is happy, married, and harried mother of eight and wife of one! She has Bachelor Degrees in English Literature and in Classical Civilization and a Master Degree in Theology. She has taught at various levels, but for the last 20 years has tread, played in, almost drowned in, but most of all loved the waters of stay-at-home-momdom!
<b>A6</b>	<b><i>True Faith and True Science can Never Contradict</i></b>	<b>Mrs. Kristine Hammar</b>	Although sometimes represented to the world as conflicting opposites, faith and science are actually complementary means by which we, as humans, seek to know and understand the realities of our existence. In this workshop, we will explore how true faith and true science can never contradict!	Kristine Hammar is the Religion Department Chairwoman at Delone Catholic High School, McSherrystown, PA. She has a Bachelor's Degree in Chemistry from Immaculata University and her Master's Degree in Theology from Franciscan University of Steubenville. Kristine and her husband, Ben, live in the Carlisle area.

A7	<b><i>The Power of Mercy in the Confessional: There is Absolutely <u>Nothing</u> that Cannot be Forgiven!</i></b>	<b>Mrs. Linda Walborn</b>	CONFESSION? WHO NEEDS IT?!? The fact is we all do! And God, Who knows human nature, knows our great need for it. But, as Pope Francis tells us, Confession is much more than “going to the dry cleaner”. It’s “an encounter with Jesus, Who waits for us as we are”. In this workshop let us together discover or re-discover the beautiful Gift of Mercy the Lord lavishes on us in this wonderful, life-saving Sacrament.	Linda Walborn is a disciple of Christ, wife and mother of two adult sons. She is the Pastoral Associate at Saint Monica Parish in Sunbury, an Ecclesial Lay Minister in the Diocese of Harrisburg, and serves on the Diocesan Liturgical Commission.
A8	<b><i>Mercy in the Mess: Raising Faithful Families in a Chaotic Culture</i></b>	<b>Mrs. Becky Fair</b>	No way around it – motherhood is messy! This session will provide encouragement for navigating the tangible and spiritual messes that moms face, recognizing how God's mercy gives us the grace to keep our hearts, and the hearts of our families, close to Him and on the road to heaven. Gain practical resources as well as a big-picture perspective on Catholic Christian parenting in the early childhood years.	Becky Fair and her husband Jim have four children, ages two through nine. She has worked in youth ministry, religious education, and adult faith formation within the Diocese of Harrisburg, and with a pro-life community in Phoenix, Arizona called Maggie’s Place. She is grateful to currently be home full-time with her children.
A9	<b><i>Feed the Soul and Spark the Mind: Great Catholic Books and Media</i></b>	<b>Mrs. Bonnie Finnerty</b>	Catholic media is exploding with so many fantastic resources! But where to start? This workshop highlights a selection of excellent Catholic media that appeals to a variety of audiences on a variety of topics. In addition to providing brief book talks and quick peeks at several websites, blogs, and social media groups that inform, inspire, and deepen our faith, the presenter will welcome attendees to offer their recommendations, further extending the list of recommended resources.	Bonnie Finnerty has taught English, Reading, history, and religion in public and Catholic schools, and has been a catechist, Parish Director of Religious Education, and a student of Theology of the Body. She currently serves as the Coordinator of Adult Education at St. Margaret Mary Alacoque, where she is also an RCIA team member and an extraordinary minister of communion. She has been married for 30 years to husband Tim, has five children, and three grandchildren.
A10	<b><i>Life in the Spirit and Why We Need the Holy Spirit</i></b>	<b>Mrs. Darlene Graver</b>	Do you know what your mission for God is? What are your fears? The disciples walked with Jesus every day. They witnessed him perform miracles, were taught by him and yet when He was crucified, they were fearful. Jesus told them, “you will be baptized with the Holy Spirit.” The disciples, all who were gathered received the gift of the Holy Spirit on Pentecost and everything changed! What are the gifts? What are they for? Are they for you? YES! Hail Mary Mother of God, pray for us!	I am a wife married to my wonderful husband Mike, 39 years! I am a Mother of 3 and Grandmother, aka Nana. I have been involved with the Charismatic Renewal for 20 years, and facilitate St. Catherine Prayer meetings for the past 9 years. With lots of help, I have held 7 Life in the Spirit Seminars and helped with others. I have helped with Harrisburg’s day of Renewal. Along with my husband Mike, we taught First Holy Communion for 23 years. I am a lector, take Communion to the homebound and am involved in prolife at St. Catherine of Siena Church in Quarryville.

<b>A11</b>	<b><i>When the Answer is “No”: Finding Christ in Infertility</i></b>	<b>Mrs. Ann Koshute</b>	One in 8 couples in the US encounters infertility. How is a Catholic couple unable to conceive to respond to this painful cross; and what support can be offered by pastors and parish communities? This session will address the spiritual, moral and relational challenges associated with infertility - and how childless couples can become powerful evangelizers of Christ’s life-giving suffering, unleashing their own unique fruitfulness.	Ann M. Koshute, M.T.S. holds a Master of Theological Studies from the Pontifical John Paul II Institute for Studies on Marriage and Family. She is a founding member of <i>Theophany Catholic Theatre Company</i> , performing the plays John Paul II in the US and Europe. She is Adjunct Instructor in Theology (online) at St. Joseph’s College of Maine. Ann is a speaker, a columnist for <i>The Eastern Catholic Life</i> , and occasional Catholic radio host. She and her husband Keith are active parishioners of St. Ann Byzantine Catholic Church in Harrisburg, PA.
<b>A12</b>	<b><i>Our Lady of Fatima’s Call for Prayer and Penance for the Conversion of Sinners</i></b>	<b>Mrs. Terri Rosenstein</b>	The power of prayer and penance in our daily life, relating to our Lady of Fatima.	Terri Rosenstein is a member of Pastoral Council and facilitator and educator for the Adult Education program at St. Joseph’s Catholic Church in Mechanicsburg, Family Concerns Chair for the Harrisburg Diocesan Council of Catholic Women, and a member of Diocesan Women’s Conference Committee.
<b>Session B 12:30pm-1:30pm</b>				
	<b>TITLE</b>	<b>SPEAKER</b>	<b>WORKSHOP DESCRIPTION</b>	<b>VITAE</b>
<b>B1</b>	<b><i>A Family of Faith: Byzantine Catholic Spirituality</i></b>	<b>Mrs. Angela Sedun</b>	Did you know that there are actually 24 churches in the Catholic Communion? Find out more about Pope St. John Paul II’s commendation to live our spiritual life fully alive with both the Eastern and Western “lungs” of the Catholic Church. Encounter Byzantine Catholic prayer and chant and take away practical resources for expanding your own prayer life with the beauty and mystery the Eastern Catholic Churches have to offer.	Angela Sedun is the head cantor, choir director, and events manager at St. Ann Byzantine Catholic Church in Harrisburg. She has worked in religious education and campus ministry within the Diocese of Harrisburg at Elizabethtown College, as well as at Wilkes University and the University of Illinois. Angela served on the Pennsylvania Catholic Campus Ministry Association board for seven years. Angela also works as an artist and wellness consultant. She and her husband, Anthony, have five children and live in Linglestown.
<b>B2</b>	<b><i>“Look at me!” Narcissism and Beyond</i></b>	<b>Sister John Sheila Galligan, IHM, STD</b>	Mirror, mirror on the wall.... Surely – the narcissist wants to be fairest of them all! The odds are that you know a narcissist -probably a lot of them! This presentation will focus on the twisting paths linked with the oft-forgotten capital vice of <b>vainglory</b> (narcissism) and point out spiritual paths/practices of resistance.	Sister John Sheila Galligan is a Sister Servant of the Immaculate Heart of Mary. She teaches Theology at Immaculata University. Sister earned her doctorate in Sacred Theology from the Pontifical University of St. Thomas (the Angelicum) in Rome. She has spoken at many events and been published numerous times.

<b>B3</b>	<b><i>Our Lady of Guadalupe: Patroness of the Americas, Patroness of Life (English)</i></b>	<b>Father Luis Rodriguez, VF</b>	Why is the apparition of Mary from Guadalupe Mexico important for all the Americas? A more detailed description of the Miraculous Image and the message of trust invites the believer to a deeper appreciation of God's gift of human life in all its stages. We gain a deeper appreciation of all people through the humble message of Our Lady.	Father Rodriguez is Pastor of Corpus Christi Parish, Chambersburg and Dean of the Franklin Deanery.
<b>B4</b>	<b><i>Following the Witnesses: Applying the Example of Marian Saints in Your Own Life</i></b>	<b>Mrs. Kate Phenicie</b>	Pope St. John Paul II remarked that it "would be impossible to name all the many Saints who discovered in the Rosary a genuine path to grow in holiness" ( <i>Rosarium Virginis Mariae</i> 8). This workshop will focus on a few of these many saints, such as St. Maximilian Kolbe, St. Therese of Lisieux, and St. Bernadette, examining how they pursued holiness through devotion to Mary and looking at how we, as women, can use their example in our everyday lives to also grow closer to Christ.	Kate Phenicie is Delone Catholic High School's Director of Spiritual Life, as well as a Religion teacher and the Works of Mercy Program Coordinator at the School. She has her undergraduate degree in Theology from Mount St. Mary's University and a Master's degree in Theology from the Augustine Institute. She and her husband reside in Gettysburg and are members of St. Francis Xavier Parish.
<b>B5</b>	<b><i>How Virtuous Women Make Men Stronger</i></b>	<b>Deacon Gerry Robinson</b>	Story of a husband and father who was made better by a strong wife. I became the deacon, but my wife Mary is the saint. This session tells the story and uses moments along the way to describe the obvious benefit to the family when a mother and wife plays her role fully and within God's design.	Deacon Robinson serves as Deacon at St. Bernard Parish, New Bloomfield.
<b>B6</b>	<b><i>Prayer for the Busy Woman</i></b>	<b>Mrs. Stacey White</b>	Review of the many forms of prayer available to us as Catholics and the need for a disciplined prayer life.	Stacey White is the Coordinator of Religious Education at St. Joseph Parish, Hanover, and is the Coordinator of the Chastity Formation program for the Adams Deanery.
<b>B7</b>	<b><i>The History and Mission of the Council of Catholic Women</i></b>	<b>Ms. Alycia Laureti</b>	As women we are constantly on the go. We are mothers, grandmothers, sisters, aunts, as well as our having our careers. This session will provide ways to learn how to take time to learn, laugh and grow with other women. It will also provide a history of the Council of Catholic Women and the work they do on a daily basis.	Alycia Laureti is employed by Pennsylvania House of Representatives for 15 years. She is president of her parish CCW, and serves as the Dauphin District CCW president, as well as Secretary for the Diocesan CCW. Alycia is a member of St. Catherine Laboure parish where she serves as an Extraordinary Minister and Catechist for RCIA. She resides in Middletown.
<b>B8</b>	<b><i>Food, Faith, and the Family Meal</i></b>	<b>Mrs. Patricia Leone</b>	Food permeates our lives spiritually, physically, and socially. This presentation includes a variety of celebrations, traditions, and foods of family and friends.	Patricia Leone is a wife, mother, and grandmother. She is very active in the Diocesan Council of Catholic Women and in the Diocesan Serra Club. She also was the parish RCIA director for the past 20 years.

<b>B9</b>	<b><i>How Women can Help Their Children and Grandchildren Find Their Way Back to the Faith</i></b>	<b>Father Brian Wayne</b>	Many mothers and grandmothers are suffering because their children and/or grandchildren have left the Church. Some blame themselves for being less than perfect. While there is no magic answer to bringing our grown children back, this workshop will provide helpful and hopeful tips for loving and praying our loved ones back home to the Catholic Church.	Fr. Wayne is Catholic Campus Minister at Millersville University in the Lancaster area. He is also the Director of Vocations for the Diocese of Harrisburg.
<b>B10</b>	<b><i>Finding Joy: Lessons from Mary in the Joyful Mysteries of the Rosary</i></b>	<b>Mrs. Kelly Cloak, Esq.</b>	We'll discover the lessons Mary has for us as we live our vocations as women and mothers today in her beautiful witness as Handmaid of the Lord and Mother of God in the Joyful Mysteries of the Rosary.	Kelly Cloak is the Executive Director and Head Teacher at the Cloak Academy—in other words, she is homeschooling her four children for heaven. She has degrees in creative writing and law. She is happily married to her husband Ray and she is an eighth grade and high school catechist.
<b>B11</b>	<b><i>Body Language: Introduction to Theology of the Body</i></b>	<b>Mrs. Ann Koshute</b>	"Man cannot live without love." These words of St. John Paul II form the basis for his groundbreaking <i>theology of the body</i> . This session will introduce us to the "new language" the Pope uses to describe our experience as "body-persons," and how to properly use the "grammar of love" inscribed in us by God.	Ann M. Koshute, M.T.S. holds a Master of Theological Studies from the Pontifical John Paul II Institute for Studies on Marriage and Family. She is a founding member of <i>Theophany Catholic Theatre Company</i> , performing the plays John Paul II in the US and Europe. She is Adjunct Instructor in Theology (online) at St. Joseph's College of Maine. Ann is a speaker, a columnist for <i>The Eastern Catholic Life</i> , and occasional Catholic radio host. She and her husband Keith are active parishioners of St. Ann Byzantine Catholic Church in Harrisburg, PA.
<b>B12</b>	<b><i>The Church is Counter-Cultural: The Truth about Gender, Homosexuality, Contraception, and Direct Sterilization</i></b>	<b>Mrs. Candice Warfield</b>	This talk includes a brief overview of Church teaching, insights on how to approach the topic with friends and family with charity, as well as a look at the philosophy behind the ideas of the culture telling us to accept and promote these ideas and lifestyles.	Candice Warfield graduated from Franciscan University of Steubenville with a degree in Theology and Catechetics. She has taught religion at Bishop McDevitt High School for eight years and also Coordinated the St. Margaret Mary PREP program. Candice is married to Russ Warfield, a fellow Franciscan Grad and they have 3 wonderful children.

**Session C 1:45pm-2:45pm**

	<b>TITLE</b>	<b>SPEAKER</b>	<b>WORKSHOP DESCRIPTION</b>	<b>VITAE</b>
<b>C1</b>	<b><i>Catholic in College and Beyond: What does it take?</i></b>	<b>Mrs. Angela Sedun</b>	Let's face it: staying Catholic in College is a challenge. Parents wonder if their students will get to church; students may not find it easy or desirable to express the Catholic faith they were baptized in, not to mention the culture has stacked the deck against young people of faith. Connecting as a college student starts at Baptism. Gain practical tips and strategies for future and current college students, parents, and interested friends to survive and thrive at college and beyond by actively participating in the Catholic faith on campus.	Angela Sedun is the head cantor, choir director, and events manager at St. Ann Byzantine Catholic Church in Harrisburg. She has worked in religious education and campus ministry within the Diocese of Harrisburg at Elizabethtown College, as well as at Wilkes University and the University of Illinois. Angela served on the Pennsylvania Catholic Campus Ministry Association board for seven years. Angela also works as an artist and wellness consultant. She and her husband, Anthony, have five children and live in Linglestown.
<b>C2</b>	<b><i>The Importance of Trust in the Life of a Christian</i></b>	<b>Dr. Carol Houghton, STD, JCD</b>	This workshop will consider the virtue of trust in God as lived in our Catholic life, no matter what the circumstances we face. We will consider this virtue of trust in the lives of a few of the Saints and in a few other heroic figures of recent times.	Carol Houghton is Chancellor of the Diocese of Harrisburg and Defender of the Bond on the Diocesan Tribunal. She has Doctorates in Sacred Theology and in Canon Law from the Pontifical University of St. Thomas (the Angelicum), Rome.
<b>C3</b>	<b><i>Saint Francis of Assisi: A Love Story</i></b>	<b>Mr. Stephen Hurtak, Mr. Stephen Wolf, Ms. Deb Gelbaugh</b>	Saint Francis was in love with Jesus, and he invites you to see Jesus through his eyes, that you too may be in love with Jesus. Join us, as we look at the life of Francis, that you may experience the passion of Francis as he radically lived and proclaimed the Gospel. Apply his insight and zeal to your everyday life, and discover how Franciscan Spirituality can unlock the secret to living a busy, counter-cultural life, with inner calm.	Stephen Hurtak, Stephen Wolf, and Deborah Gelbaugh, are Secular Franciscans in the Saint Thomas More Fraternity of the Secular Franciscan Order.
<b>C4</b>	<b><i>The Four Last Things: "O my Jesus..., save us from the fires of Hell and lead all souls to Heaven..." (Part of the Fatima Prayer of the Rosary)</i></b>	<b>Mrs. Julie Shuyler</b>	Death, Judgment, Heaven and Hell - The first two we cannot control; the last two depend on our cooperation with God's grace or not. We will examine the Church's teachings and the messages from Fatima on these important topics, which are foolishly disregarded by many today, but are so vital to understand and share.	Julie Shuyler is Secondary Religion Department Chairwoman, Campus Minister & Pro-Life Moderator, Lebanon Catholic School; 2009 Recipient of the <i>Seton Legacy of Charity Bicentennial Medal</i> .
<b>C5</b>	<b><i>Top 10 Ways Women can Build up the Men in their Lives</i></b>	<b>Mrs. Eva Gontis</b>	In a world that seeks to feminize and trivialize man's unique gifts, this workshop will focus on practical ways that we women can <i>Stand by Our Men</i> and be the Godly women that Christ is calling us to be.	Eva Gontis is happy, married, and harried mother of eight and wife of one! She has Bachelor Degrees in English Literature and in Classical Civilization and a Master Degree in Theology. She has taught at various levels, but for the last 20 years has tread, played in, almost drowned in, but most of all loved the waters of stay-at-home-momdom!

<b>C6</b>	<b><i>Catholic Apologetics: “Be Able to Give a Defense of the Faith that is in You...”</i></b>	<b>Mrs. Kristine Hammar</b>	Throughout the entire history of the Church, the Faith has been defended against the challenges and objections of the time. In this workshop we will take a brief look at the history of Apologetics in the Church, and then we will discuss our role as apologists in our current time.	Kristine Hammar is the Religion Department Chairwoman at Delone Catholic High School, McSherrystown, PA. She has a Bachelor’s Degree in Chemistry from Immaculata University and her Master’s Degree in Theology from Franciscan University of Steubenville. Kristine and her husband, Ben, live in the Carlisle area.
<b>C7</b>	<b><i>The Power of Mercy in the Confessional: There is Absolutely <u>Nothing</u> that Cannot be Forgiven!</i></b>	<b>Mrs. Linda Walborn</b>	CONFESSION? WHO NEEDS IT?!? The fact is we all do! And God, Who knows human nature, knows our great need for it. But, as Pope Francis tells us, Confession is much more than “going to the dry cleaner”. It’s “an encounter with Jesus, Who waits for us as we are”. In this workshop let us together discover or re-discover the beautiful Gift of Mercy the Lord lavishes on us in this wonderful, life-saving Sacrament.	Linda Walborn is a disciple of Christ, wife and mother of two adult sons. She is the Pastoral Associate at Saint Monica Parish in Sunbury, an Ecclesial Lay Minister in the Diocese of Harrisburg, and serves on the Diocesan Liturgical Commission.
<b>C8</b>	<b><i>Mercy in the Mess: Raising Faithful Families in a Chaotic Culture</i></b>	<b>Mrs. Becky Fair</b>	No way around it – motherhood is messy! This session will provide encouragement for navigating the tangible and spiritual messes that moms face, recognizing how God’s mercy gives us the grace to keep our hearts, and the hearts of our families, close to Him and on the road to heaven. Gain practical resources as well as a big-picture perspective on Catholic Christian parenting in the early childhood years.	Becky Fair and her husband Jim have four children, ages two through nine. She has worked in youth ministry, religious education, and adult faith formation within the Diocese of Harrisburg, and with a pro-life community in Phoenix, Arizona called Maggie’s Place. She is grateful to currently be home full-time with her children.
<b>C9</b>	<b><i>Feed the Soul and Spark the Mind: Great Catholic Books and Media</i></b>	<b>Mrs. Bonnie Finnerty</b>	Catholic media is exploding with so many fantastic resources! But where to start? This workshop highlights a selection of excellent Catholic media that appeals to a variety of audiences on a variety of topics. In addition to providing brief book talks and quick peeks at several websites, blogs, and social media groups that inform, inspire, and deepen our faith, the presenter will welcome attendees to offer their recommendations, further extending the list of recommended resources.	Bonnie Finnerty has taught English, Reading, history, and religion in public and Catholic schools, and has been a catechist, Parish Director of Religious Education, and a student of Theology of the Body. She currently serves as the Coordinator of Adult Education at St. Margaret Mary Alacoque, where she is also an RCIA team member and an extraordinary minister of communion. She has been married for 30 years to husband Tim, has five children, and three grandchildren.
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<b>C11</b>	<b><i>Women Balancing Faith, Family, and Work</i></b>	<b>Mrs. Stacey White</b>	Creative & Innovative ways to incorporate work, faith, & family. Using resources such as social media to accomplish the balancing of faith, family, and work!	Stacey White is the Coordinator of Religious Education at St. Joseph Parish, Hanover, and is the Coordinator of the Chastity Formation program for the Adams Deanery.

C12	<b><i>The Church is Counter-Cultural: The Truth about Gender, Homosexuality, Contraception, and Direct Sterilization</i></b>	<b>Mrs. Candice Warfield</b>	This talk includes a brief overview of Church teaching, insights on how to approach the topic with friends and family with charity, as well as a look at the philosophy behind the ideas of the culture telling us to accept and promote these ideas and lifestyles.	Candice Warfield graduated from Franciscan University of Steubenville with a degree in Theology and Catechetics. She has taught religion at Bishop McDevitt High School for eight years and also Coordinated the St. Margaret Mary PREP program. Candice is married to Russ Warfield, a fellow Franciscan Grad and they have 3 wonderful children.
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